

Certificate in Yoga Teacher Training 瑜珈導師訓練證書

HS175A / 2265-2930AW

YTT18

No.	Date	Tuesday	Thursday	Saturday	
		7-10pm	7-10pm	3-8pm	
1	02/01/2025		3		
2	04/01/2025			5	
3	07/01/2025	3			
4	09/01/2025		3		
5	11/01/2025			5	
6	14/01/2025	3			
7	16/01/2025		3		
8	18/01/2025			5	
9	21/01/2025	3			
10	23/01/2025		3		
11	25/01/2025			5	
Holiday	28/01/2025	0			
Holiday	30/01/2025		0		
12	01/02/2025			5	
13	04/02/2025	3			
14	06/02/2025		3		
15	08/02/2025			5	
16	11/02/2025	3			
17	13/02/2025		3		
18	15/02/2025			5	
19	18/02/2025	3			
20	20/02/2025		3		
21	22/02/2025			5	
22	25/02/2025	3			
23	27/02/2025		3		
24	01/03/2025			5	
25	04/03/2025	3			
26	06/03/2025		3		
27	08/03/2025			5	
28	11/03/2025	3			
29	13/03/2025		3		
30	15/03/2025			5	
31	18/03/2025	3			
32	20/03/2025		3		
33	22/03/2025			5	
34	25/03/2025	3			
35	27/03/2025		3		
36	29/03/2025			5	
37	01/04/2025	3			
38	03/04/2025		3		
39	05/04/2025			5	
40	08/04/2025	3			
41	10/04/2025		3		
42	12/04/2025			5	
43	15/04/2025	3			
44	17/04/2025		3		
Holiday	19/04/2025			0	
45	22/04/2025	3			
46	24/04/2025		3		
47	26/04/2025			5	Exam
48	29/04/2025	3			Exam
Holiday	01/05/2025		0		
49	03/05/2025			5	Exam
50	06/05/2025	3			Exam
51	08/05/2025		3		Exam
52	10/05/2025			5	Exam
53	13/05/2025	3			Exam
54	15/05/2025		3		Exam
55	17/05/2025			2	
後備日	20/05/2025				
後備日	22/05/2025				
後備日	24/05/2025				
Total hours:		200			

Time: 7pm-10pm (Tue), every Tuesday
 7pm-10pm (Thur), every Thursday
 3pm-8pm (Sat), every Saturday

Venue: 1101 Sports Lab, 11/F
 Island East Campus
 494 King's Road, North Point, Hong Kong